



## CANADIAN CURLING ASSOCIATION

### **WAIVER AND RELEASE OF LIABILITY**

**(To be signed by participants of the age of majority and over)**

***By signing this form you give up important legal rights. Please read carefully!***

This is a binding legal agreement. As a participant in the programs, activities and events of the Canadian Curling Association, the Ontario Curling Association and the Arnprior Curling Club, the undersigned acknowledges and agrees to the following terms.

#### **Disclaimer**

The Canadian Curling Association, the Ontario Curling Association, and the Arnprior Curling Club, their directors, officers, members, employees, coaches, volunteers, officials, participants, clubs, agents, sponsors, owners/operators of the facility, and representatives (the "Organization") are not responsible for any injury, damage or loss of any kind suffered by a participant during, or as a result of, any program, activity or event, caused in any manner whatsoever including, but not limited to, the negligence of the Organization.

#### **Description of Risks**

In consideration of my participation in such programs, activities and events, I hereby acknowledge that I am aware of the risks and hazards associated with or related to curling. The risks and hazards of curling include, but are not limited to:

- Being struck by a broom, brush or curling stone;
- Dry-land training including weights, running and massage;
- Executing strenuous and demanding physical techniques in curling;
- Exerting and stretching various muscle groups;
- Falling because of slippery ice or uneven or irregular ice surfaces;
- Falling while delivering the curling stone, skipping or sweeping;
- Physical contact with other participants, spectators, equipment and vehicles;
- Running or sliding on the ice surface;
- Spinal cord injuries which may render me permanently paralyzed;
- Stepping onto the ice surface from the walkway or onto the walkway from the ice surface;
- Stepping over dividers that divide one sheet of ice from the next;
- Strenuous cardiovascular workouts;

- The failure to properly use any piece of equipment or from the mechanical failure of any piece of equipment;
- Travel to and from competitive events and associated non-competitive events which are an integral part of the organization's activities.
- Weather conditions which may result in hypothermia;

*Furthermore, I am aware:*

- That injuries sustained in curling can be severe;
- That I may come into close contact with other participants, including the possibility of accidental contact;
- That I may experience anxiety while challenging myself during the activities, programs and events;
- That my risk of injury is reduced if I follow all rules established for participation; and
- That my risk of injury increases as I become fatigued.

**Release of Liability**

In consideration of the Organization allowing me to participate, I agree:

- To assume all risks arising out of, associated with or related to my participation;
- To be solely responsible for any injury, loss or damage that I might sustain while participating; and
- To release the Organization from liability for any and all claims, demands, actions and costs that might arise out of my participating, even though such risks, injuries, loss, damage, claims, demands, actions or costs may have been caused by the negligence of the Organization.

**Acknowledgement**

I acknowledge that I have read this agreement, that I have executed this agreement voluntarily, and that this agreement is to be binding upon myself, my heirs, executors, administrators and representatives.

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**Name of Participant** (Please print)

**Signature of Participant**

\_\_\_\_\_

**Date:** \_\_\_\_\_

**Signature of Witness**